

We're here for the chefs, waiters, housekeepers and managers.

We're here for the concierges, receptionists and kitchen porters. And we're here for every sommelier, bartender, catering assistant and cook throughout the UK.

From hotels, restaurants, pubs, bars and cafés to schools, hospitals and event venues, we're here to give everyone in hospitality the help, advice and support they need whenever times get tough.

Serious illness, mental health issues, financial difficulties, family problems, or addiction: whatever challenges they face, Hospitality Action is always here to get them back on their feet and enjoying the job again. And when it's no longer possible to work, we help people prepare for the next phase of their lives.

Whatever you do in hospitality, we've got you.

How we help

Our range of support services helps hospitality people get back on their feet again after a setback. Each year we assist thousands of people through challenging times.

Grants

We provide grants to help people make ends meet. Support ranges from everyday essentials such as heating, school uniform and general living costs, to supporting those who are living with an illness or disability or those experiencing homelessness or domestic violence. Our financial support helps beneficiaries through the toughest of times.

Counselling Support

Our specialist support services help hospitality people tackle complex issues like addiction, financial difficulties, relationship breakdown, bereavement or mental health problems.

Employee Assistance Programme

Our bespoke Employee Assistance Programme is a care package that provides peace of mind to employers and a range of specialist, independent and confidential support services to employees. All services are freely available 24/7.

Training

From on-site trauma support to mental health awareness, and from dependency support to financial wellness, we help people and businesses stay happy, healthy and productive.

Golden Friends

For industry retirees, our Golden Friends scheme keeps loneliness and isolation at bay by providing a befriending service, regular contact with the industry and help towards winter fuel bills.

Family Days Out

Our Family Days Out scheme gives families needing "us" time a trip to a cinema or leisure attraction and some spending money for travel, food and drinks.

How you can help

There are so many ways to support our work and so many reasons to do so. However you decide to help, we'll be behind you every step of the way.

Fundraising

Supporting us can be as simple as holding a raffle or cake sale, or as complex as organising your own quiz night or gala dinner. You could gather the team to compete in our annual cycling challenge or put mental health to the forefront of your business by taking part in the Walk for Wellbeing.

Corporate Support

Whether you're an operator or supplier you can nominate us as your charity of the year, run a staff fundraiser, add a pound to a dish or adopt our Employee Assistance Programme. Supporting Hospitality Action is a great way to engage your teams and customers and demonstrate your commitment to the wellbeing of the industry.

Our Events

Attending, sponsoring or providing prizes for one of our fundraising events is a great way to contribute. In return, we help our partners' profiles by showcasing their support for those who may need our help.

Whatever you do in hospitality, isn't it good to know that someone's got your back?

Hospitality Action. We've got you.

To find out more call **0203 004 5500** or visit our website **hospitalityaction.org.uk**

Scan here to learn more:



Registered Charity No. 1101083





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Hospitality
Action

